



# Freedom From Defilement

**“Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man” (Matthew 15:11).**

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After exposing the hypocrisies of the scribes and pharisees, Jesus taught the multitude about defilement - enabling them to understand practices that defile, so they can be free from them.

“And he called the multitude, and said unto them, Hear, and understand: 11 Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man. 12 Then came his disciples, and said unto him, Knowest thou that the Pharisees were offended, after they heard this saying? 13 But he answered and said, Every plant, which my heavenly Father hath not planted, shall be rooted up. 14 Let them alone: they be blind leaders of the blind. And if the blind lead the blind, both shall fall into the ditch. 15 Then answered Peter and said unto him, Declare unto us this parable. 16 And Jesus said, Are ye also yet without understanding? 17 Do not ye yet understand, that whatsoever entereth in at the mouth goeth into the belly, and is cast out into the draught? 18 But those things which proceed out of the mouth come forth from the heart; and they defile the man. 19 For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies: 20 These are the things which defile a man: but to eat with unwashen hands defileth not a man.” (Matthew 15:10-20).

Holiness and purity of life are essential for godliness and qualifying for eternity with God as illustrated in the following scriptures:

- 1) Matthew 5:48 Be ye therefore perfect, even as your Father which is in heaven is perfect;
- 2) Hebrews 12:14 Follow peace with all men, and holiness, without which no man shall see the Lord;
- 3) 2 Corinthians 7:1 Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God;
- 4) Revelation 21:27 And there shall in no wise

**“But those things which proceed out of the mouth come forth from the heart; and they defile the man. (Matthew 15:18)**

enter into it any thing that defileth, neither whatsoever worketh abomination, or maketh a lie: but they which are written in the Lamb's book of life.

Some salient points from this message are:

- 1) Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man (vs 11);
- 2) For truth to prevail, error must be confronted boldly, even if causes offence (vs 12). Fear of speaking the truth, breeds error;
- 3) It takes being planted by God to endure sound doctrine (vs 13);
- 4) Blindly following another blind person leads to disaster & destruction;
- 5) Being a disciple (Christian) does not necessarily imply full understanding of scriptural principles. The humility and willingness to ask questions, brings understanding (vs 15-18);
- 6) The fruits of a life grows from the ‘manure’ of the heart, and therefore reflect the true condition of the life (vs 19-20). “Wherefore by their fruits ye shall know them” (Matthew 7:16,20).

Often people go to great lengths to take care of their external appearance and grooming so as to create a desired reputation. Christ teaching in this message is pointing out the importance of ‘grooming’ our hearts to be right with God who focuses more on the heart than outward appearance “... Look not on his countenance, or on the height of his stature; because I have refused him: for the Lord seeth not as man seeth; for man looketh on the outward appearance, but the Lord looketh on the heart.” (1 Samuel 16:7).